
SOUTHERN FRIED NUTRITION



SHERRY COLEMAN COLLINS REGISTERED DIETITIAN NUTRITIONIST

My passion is to provide compelling, reliable food and nutrition communications for my clients and to the public. I've spoken all over the country and internationally to groups as wide ranging as small groups of mothers to audiences of hundreds of health professionals. In addition, I've written many nutrition-focused feature articles, web posts and advertisements, developed recipes, and led culinary demonstrations. Finally, I've been featured on camera in educational and culinary videos, as well as provided a multitude of live social media events. I have experience in nutrition communications, culinary nutrition, pediatric clinical nutrition and school foodservice - and I'm an expert in food allergies.

MORE ABOUT SOUTHERN FRIED

No one lives in compartments and after many years of working in just one or two areas of passion, I made the decision to create my own company and bring together all of my passions under one umbrella! Southern Fried Nutrition was born. Working with individuals and corporate clients, I help teach people to eat a better, more varied diet that's safe, healthy, and enjoyable.

Under the "Southern Fried" umbrella, I maintain a thriving private nutrition communications business, growing social media platforms, and a newly launched podcast (Southern Fried Girlfriends). Southern Fried Nutrition and its creative outlets works with brand partners, organizations, and individuals to reach their goals and to make the healthy bite the tasty bite.



>600
Followers



>4400
Followers



>1500
Followers



SERVICES OFFERED

- Nutrition Communications - Public Speaking, Writing
- Spokesperson
- Social Media Promotions
- Expert Content Development
- Recipe Creation

WHY SOUTHERN FRIED?

- Successful Speaker
- Trusted Expert & Partner
- Health Influencer
- Food Allergy Expert
- Mompreneur
- Reach Targeted Audiences



PARTNERSHIP/ AFFILIATES

- Spokesperson (PeanutRD) for National Peanut Board
- Brand Ambassador for Siggis and KIND Snacks

CONTACT ME

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